

Training Goals

The primary goals of CAPS Internship Program are to broaden and deepen interns' clinical competencies and knowledge base, with acquisition of specialized skills and understanding in working with a diverse university population. Our program subscribes to Practitioner-Scholar model of training. Interns learn by doing, by reflecting on their work in supervisory consultation with staff, by observing the professional activities and practices of the staff, and by scholarly inquiry. By the end of the training year, interns will have developed competence with: intake interviewing, clinical assessment, crisis intervention, brief and longer term therapy, case management, outreach, and counseling a culturally diverse student population.

CAPS places an emphasis on the development of culturally competent knowledge, awareness, and skills for our trainees. Interns at our center are expected to develop competencies to effectively serve diverse populations, including clients whose identity beliefs, world views, or cultural backgrounds may differ from that of the intern.

Training Activities /Time Allocation

Doctoral Internship (40hrs/wk)*

Activity	Total Hours
Direct Service: Intake Assessment Individual/Couple Counseling Group Co-facilitation ----- Outreach & Consultation*	20 2
Formal Training: Individual Supervision (2hrs) Group Supervision (2hrs) Training Seminar (2hrs) Case Consultation (1hr) Trainee Group Mtg: (1hr)	8
Administrative: Case documentation Case management Supervision Preparation Staff Meetings	10

***Note:** There are two Cowell Center-wide activities: A multi-disciplinary team meeting and a joint health and mental health case consultation meeting. These training activities occur on a monthly basis. Outreach and consultation activities vary on a weekly basis

Application Procedures

To apply for our Doctoral Internship, we require that you apply via the AAPI Online site which may be accessed at <http://www.appic.org>. Your online application must include the following:

- A completed APPIC Application for Psychology Internship (AAPI) form. The AAPI instructions can be accessed from <http://www.appic.org>.
- A cover letter describing the qualifications and professional experiences that make you a good match with our site, as well as your specific goals for internship.
- Current curriculum vita
- Official transcripts of all graduate work.
- Three letters of recommendation, at least two from supervisors who are familiar with recent clinical work.

Applicants must have completed:

- 450 practicum hours;
- Doctoral coursework and comprehensive exams prior to start of the internship;

Application Deadline: 11:59 p.m. (PST) on Sunday, November 8, 2020

For more information:

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Training Director

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CAPS

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Cowell Center

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Our program is **APA-Accredited**. All training time credited to the internship is post-practicum and doctorate hours. CAPS offers 2 full-time internships with an individual **stipend of \$34,000** and an **additional \$2,000 stipend** towards proof of a paid annual health insurance policy.

Start date: **8/16/2021**; End date: **8/15/2022**.

The number of hours required to complete the internship is **1,840 hrs.**

We will be participating in the APPIC match process coordinated by National Matching Services, Inc. In order to participate and be considered by our site, you must register with National Matching services by requesting a packet of materials. This can be done by phone at (416) 977-3431 or online at www.natmatch.com/psychint. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Our program code number is **2133**.



The Cowell Center

*Counseling and
Psychological Services*

(CAPS)

*Doctoral Internship
Training Program*